

**2010 JOURNAL OF THE SPECIAL  
EDUCATION TEAM  
(14/04/10 - 14/07/10)**

# **SPECIAL EDUCATIONAL PROGRAMS**

**for**

**NORMAL PEOPLE  
WHO HAPPEN  
TO BE "SLOW"**

***Adam Gudalefsky, M.M.  
Concepcion Madduma, I.C.M.***

21 September 2010

Dear Friend,

We, the Special Education Team (Father Adam Gudalefsky, MM, of Hong Kong, and Sister Concepcion (Ching) Madduma, ICM, Filipino Sister missioned in India), have, by the grace of God, successfully completed our 24th year of travelling and presenting our special educational programs in lands mostly again in Asia this year. We have continued to give our voluntary services and our personal resources freely during these past three months---this year from 14/04/10 until 14/07/10---in order to present our special educational programs in the care and the education or reeducation of normal people who happen to be "slow" intellectually (persons having learning difficulties).

Again, we have continued our custom of responding only to organizations, agencies, or private persons who have a sincere interest in our educational approach that we characterize as being non-institutional (that is, home-centered), non-professional (that is, parent/family-centered), and done at low or no-cost. It is a long-time tested and tried "Total (Wholistic) Educational Process" that intends to respond to the physical needs, the spiritual needs, and the intellectual needs of all people.

We had received very many requests for programs in 2010, but due to circumstances, we could only give priority to those people who showed a sincere interest (not for commercial purposes, or for employment, or for hobby purposes), and who are most in need. We had time for a 40-hours (one week) program in Hong Kong for people from China mainland; a quick and short trip to USA; two short programs (20 hours of lectures and demonstrations) in Malaysia; one 40-hours program in Kathmandu followed by three days for a Conference For Adults With Learning Difficulties (Re: Quality of Life); and in Thailand, a consultation program in Chiang Mai for four days, a Basic Program (40 hours) in Bangkok, a three-days program on the education or the reeducation of severely disabled persons, a three-days (20 hours) program on Advocacy and Communications, and another Conference For Adults With Learning Difficulties in the city of Lopburi. The courses had over 400 persons in attendance (we prefer classes with 30 to 35 participants only). We have noticed "advances" (big ones) made in Hong Kong, in Nepal and in Thailand. We are greatly satisfied with the responses to our programs and with the evaluations (given in writing) by the participants...there is much more interest and cooperation on the part of parents and teaching persons.

You may want to know that the total costs involved in our three months (10 programs) traveling and program presentations (including the airfares for the two of us, our teaching supplies, visa costs, room and board costs, etc.) amounted to US\$10,000. We do not accept fees for our services. We only ask our sponsoring people to provide a decent place for us to stay (preferably at a home or institute or religious house, etc.), and a "bowl of rice" each day. We do not receive subsidies from our religious Communities or from funding agencies. We accomplish our works with donations received along the way and by your spiritual and material assistance. We are grateful...the Lord truly does provide!

In our travels, the Special Education Team has as its purposes:

1) To initiate and to follow up special educational programs for normal persons who happen to be "slow" intellectually.

2) To present an optional approach in Special Education that is personal and family-centered, non-institutional in structure, and non-professional in application. This educational approach is low or no-cost in nature and function.

3) We present a Total Educational Program that responds fully to the physical, the spiritual, and the intellectual needs of the person. The programs have been proven to be effective, to save time and energy.

4) To fulfill our mission vocations as a Catholic priest and a Catholic Sister (nun) in dedicating our talents and our efforts voluntarily and freely to service and to educate people with learning difficulties, and to assist their family members and volunteers in special educational matters.

The Special Education Team takes full responsibility for what is written in this JOURNAL. We write these words with good will and with the hope that they will bestir many others to get involved and to become dedicated to help so many people in need who still live in a world of shadows!

Sister Ching Madduma, ICM	Father Adam Gudalefsky, MM
ICM House	100 Tsui Ping Road
Opposite Chaugandy Stupa	Kwun Tong, Kowloon
Sarnath P.O. – 221 007	Hong Kong SAR, PRC
Varanasi (U.P.) - INDIA	

## Our 2010 Schedule and Contacts:

- 1) April 17th to May 2nd: Hong Kong (Shek O)  
 Fr. Adam: 100 Tsui Ping Road, Kwun Tong Tel: (852) 2727-2628  
 Kowloon, Hong Kong SAR, Email: [adamg12375@yahoo.com](mailto:adamg12375@yahoo.com)  
 PRC  
 Sister Ching: I.C.M. Sisters, 5 Sau Chuk Yuen Road. 8/F  
 Kowloon, Hong Kong SAR, PRC Email: [cmadduma@yahoo.com](mailto:cmadduma@yahoo.com)
- 2) May 2nd to May 10th: USA  
 Fr. Adam: (c/o Mrs. Mary Knepper)  
 645 Main Street, Apt. 903 Tel: (1) (601) 866-3082  
 Bethlehem, Pennsylvania (18018) Email: [adamg12375@yahoo.com](mailto:adamg12375@yahoo.com)  
 Sister Ching: (c/o Mrs. Lupe Benze)  
 106 West 69th Street, Apt. 9A Tel: (1) (212) 787-2347  
 New York, New York (10023) Email: [cmadduma@yahoo.com](mailto:cmadduma@yahoo.com)
- 3) May 11th to May 29th: Malaysia  
 Fr. Adam and Sister Ching:  
 19 Jln SS3/70, Petaling Jaya Tel: (603) 7876-4319  
 Selangor, Malaysia 47300 Email: [adamg12375@yahoo.com](mailto:adamg12375@yahoo.com)  
[cmadduma@yahoo.com](mailto:cmadduma@yahoo.com)
- 4) May 31st to June 12th: Nepal  
 Fr. Adam and Sister Ching:  
 Mr. Shyam Kumari Karki Tel: (977) 251-1577  
 P.O. Box 13258 Email: [adamg12375@yahoo.com](mailto:adamg12375@yahoo.com)  
 Kathmandu, Nepal [cmadduma@yahoo.com](mailto:cmadduma@yahoo.com)
- 5) June 14th to July 14th : Thailand  
 Fr. Adam and Sister Ching:  
 Prof. Kullaya Kosuwan  
 Srinakharinvirat University  
 114 Sukumvit 23 – Bangkok – 10110, Thailand  
 (Return to India and to Hong Kong on July 14th, 2010)  
 Tel: (02) 664-1000 Ext 5639  
 Email: [adamg12375@yahoo.com](mailto:adamg12375@yahoo.com)  
[cmadduma@yahoo.com](mailto:cmadduma@yahoo.com)





After travelling from afar in Mainland China, 3 Catholic priests, 5 Catholic Sisters and 2 housewives (parents) settle in at Shek O in Hong Kong for a Basic Program (40 hours of study) in the care and education of normal people who happen to be "slow" intellectually.

The Chinese contingent set about to demonstrate a Multisensory education class assigned in the basic course.

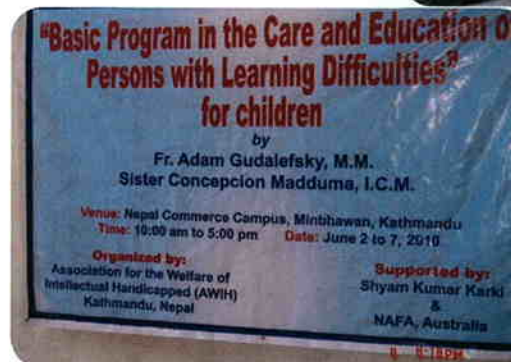


"Art for learning's sake!" Results of a Multisensory education class" – Shek O Class.

Learning (home-centered physical exercises, sports and games) are included in the educational program. (possible done in an ordinary home room.)



Days of lectures and demonstrations in classes for Nascom (the National Autistic Society of Malaysia) All participants were teachers from various Nascom centers. (They requested more programs next year!)



The first of two programs held in Kathmandu. Fr. Adam pioneered the first works for people with mental handicaps in Nepal in 1978. His Units are still functioning today. This was a basic program (40 hours of lectures and demonstrations). For parents and teaching people.

Sister Ching (Madduma) demonstrates Multisensory Education to participants and children in a Kathmandu university hall.



Learning the educational value of physical exercises, sports and games. Fr. Adam's demonstration class for parents and participants - Kathmandu, Nepal

Sister Ching lectures on Interpersonal Relations and Sexuality to all participants of the basic program in Kathmandu, Nepal



To respond to the physical needs of people with disabilities, physical exercises, and games are demonstrated and promoted for home-centered programs. Kathmandu, Nepal

Multisensory Education (use of the 5 senses) is the foundation for future skills for living (work, manual labor). Fundamentals are taught each day by Sister Ching – and practice sessions held! Kathmandu, Nepal



More practice and assignments are done in Multisensory Educational efforts. Program time. Kathmandu, Nepal



Participants are required to have "hands on" experiences. Here they are conducting a demonstration class using themselves as teaching persons and also as "students" – Kathmandu, Nepal



A class on introducing people who are "slow" intellectually to careers, vocations, future work – "setting goals in life" - Kathmandu, Nepal





Participants conducting a class on Multisensory skills for living. All participants will have "student" monitoring and class responsibilities in the 40 hours program.  
Kathmandu, Nepal

Among the "participants" was Ms. Shanti Karki. Now 42 years old. Shanti was Fr. Adam's first "student" when he pioneered the educational work for normal people who happen to be "slow" intellectually in Nepal in 1978! Kathmandu, Nepal



"Graduation day" (40 hours class work done in 6 days!) – Translator is the relative of Shanti.  
Kathmandu, Nepal

Sister Ching adds words of "congratulations" to participants who successfully completed the 40 Hours of study.  
Kathmandu, Nepal



Left to right:  
= Rekha Manander – This woman took Fr. Adam's early program in 1979 (Went on to begin her own unit and institution based on our methodology. She "brushed up" this time.)  
= Fr. Adam  
= Sr. Ching  
= Mr. Rai-Associate of Rekha  
Kathmandu, Nepal



A second program held in Kathmandu – "Conference For Bettering The Quality of Life For Adults With Learning Difficulties" encouraging the conference "delegates".  
Kathmandu, Nepal



Only 15 "Delegates" are permitted at the educational program. "Delegates" are the core group. It is their meeting! Parents, interested persons may attend "on the sidelines." They are called "Observers" and have no say in the Conference until the final day when the "delegates" invite their comments.  
Kathmandu, Nepal



"Delegates" and "Observers" who attend the full sessions do receive a Certificate of Achievement at the end of the educational program.  
Kathmandu, Nepal





From Nepal to an institute in Chiang Mai, Thailand. We have presented a variety of programs here for the past 24 years!  
We have 4 days to help formulate a program for community health workers from 7 Northern provinces. Chiang Mai, Thailand

Presentation of Certificates by Dr. Samai (Institute Director) and Fr. Adam to the participants who successfully completed the educational program. Chiang Mai, Thailand



Not "All work and no play" – Sr. Ching and Fr. Adam treated to a visit to orchid farms – beautiful gardens in Thailand. Chiang Mai, Thailand

Visiting an elephant camp was also part of a one-day break in our work in Chiang Mai – An education it was to see elephants bathing Chiang Mai, Thailand



Behold, the "stars" of the elephant camp – their entrance – Chiang Mai, Thailand



"Getting to know you" – and looking for bananas and sugar cane. The elephants become friends and greet guests. Chiang Mai, Thailand

Unbelievable!! The elephants have been educated (trained) to paint these artworks!!!  
The paintings sell from us\$ 10.00 to us\$ 150 each! Chiang Mai, Thailand



Towards the end of June, we held a 6 days (40 hours) Basic educational program at a Bangkok University, it was held for the Special Education Dept. of the Education Faculty. Parents / teachers also attended. It is the most active group in Thailand today in mental handicap educational efforts. Bangkok, Thailand



Sister Ching conducts a demonstration class on teaching numbers to students with learning difficulties at a University in Bangkok. Bangkok, Thailand



Fr. Adam demonstrates some games and exercises that can be most helpful in home - centered programs. A basic course at the University Sp Ed. Dept. Bangkok, Thailand



Sister Ching, hard at work, presenting a Multisensory class for "students" and participants Bangkok, Thailand



Participants doing their Multisensory / Skills for living assignments - Bangkok, Thailand



Much work and little play in the basic educational program Bangkok, Thailand





Skills for living  
(learning how to  
work) is begun  
with newspapers.  
(A no-cost  
example)  
Bangkok,  
Thailand

In a different  
setting, the basic  
program continues  
with a lecture by  
Sister Ching (on  
Case Histories and  
Written Records).  
Bangkok, Thailand



Much to learn how to  
educate or to reeducate  
persons with learning  
difficulties – hoping that  
what is learned is put into  
practice at home!  
Bangkok, Thailand



Improvised mass media means  
is one of the most effective  
means to teach with and to  
learn in Special Education.  
Bangkok, Thailand

All humans beings must  
eat, drink, rest and go to  
the toilet or we will die! –  
So toiletry must be taught  
and learned or there will be  
fatal consequences.  
Bangkok, Thailand



In the basic Special Educational program, there must be teaching that responds to  
physical needs: cleanliness, oral hygiene, etc.



The home is the center of education. Parents (guardians) are the primary educators. No cost should be involved for total education. A tried methodology is effective, saves time and energy.



Congratulations to the educational achievers, The hope is that now they will reach out to the unreachable still living in the world of shadows!  
Bangkok, Thailand



Demonstration class (massage, exercise, games) for severely handicapped persons Given in an institute in Bangkok.  
Bangkok, Thailand

Demonstration class for parents and program participants in an institute for severely disabled children.  
Bangkok, Thailand



Continued demonstration in caring for a severely disabled person.





Distribution of Certificates of Achievement for participants (parents teaching people, volunteers) in the course of education for severely disabled people.  
Bangkok, Thailand



Parents and their severely disabled children – participants in the 3-days educational program.  
Bangkok, Thailand

Participants and "cooperators" in the education and care of persons who are severely disabled.  
Bangkok, Thailand



First time for this course:  
"Blow Your Own Horn"  
(regarding education concerning advocacy and self-advocacy and the world of communications).  
Bangkok, Thailand



Fr. Adam lectures during the Educational Program concerning people who are "slow" intellectually and related to the world of communications (Re: advocacy).  
Bangkok, Thailand

Participants pose for the closing of the Educational Program on advocacy and communications.  
Bangkok, Thailand





Registration of "Delegates" for the first "conference For Adults With Learning Difficulties" to be held in LopBuri , Thailand. 16 "Delegates" and 34 "Observers" attended. Conference topic was: "I And Work" LopBuri, Thailand



Conference tables prepared for the "Delegates". LopBuri , Thailand



Sister Ching presents an orientation lecture concerning "Leadership" on the opening day (3 days sessions) of the Conference For Adults With Learning Difficulties."



Lunch time (1/2 hour) during the Conference For Adults With Learning Difficulties – LopBuri, Thailand



Sister Ching presents a concurrent session to the "Observers" (parents, teaching people) concerning Interpersonal Relations And Sexuality during Conference For Adults with Learning Difficulties. LopBuri, Thailand





Final session of the Conference For Adults With Learning Difficulties. The only opportunity to have discussion between "Delegates" and "Observers"  
LopBuri, Thailand



The 16 "Delegates" at the Conference For Adults With Learning Difficulties facing the "Observers" for open discussion at the final Conference sessions.  
LopBuri, Thailand



"Observers" parents, teaching people, others facing the "Delegates" for an Open Forum Session on the final day of the Conference For Adult With Learning Difficulties.  
LopBuri, Thailand



Memorial foto of all "Delegates" and "Observers" who participated in the first Conference For Adults With Learning Difficulties to be held in LopBuri, Thailand

This was a tour that had many "Firsts" for the Special Education Team:

1) First for a Mainland Chinese group to come to Hong Kong to attend a full-week (40 hours) Basic Program;

2) The first time to present the educational program "Conference For Adults With Learning Difficulties" in Nepal (shortly after we left there, the "Delegates" at the program met again and formed their own NGO... registered it with the Government and called it "UNITED VOICE"...it will be their Organization to advocate their educational matters in public and advance the cause of the human right to education which is theirs;

3) The first time the Special Education Team has presented in Thailand a program for Care and Reeducation of Persons Who Are Severely Disabled;

4) Also the first time to present for the Special Education Department in Thailand an example of the "Conference For Adults With Learning Difficulties; and

5) The first time to present a three-days (21 hours sessions) course concerning Advocacy and Self-Advocacy. ("The Use of Communications in the Cause of Education Concerning Normal People Who Happen To Be "Slow" Intellectually"). We are overwhelmed by the positive results of these programs...and have "high hopes" that we can continue to respond to the requests of so many other countries and educational groups that have requested our programs. Perhaps our hopes will come to be...

We are grateful to the Lord for all the good works He has enabled us to do during our travels. And we ask for blessings from Him to be upon all of you who have accompanied us in spirit and with material means along the way. Thank you, and a special bouquet of thanks to Sister Ching Madduma, ICM, who took leave of her many apostolic works in India to freely give her precious time and inspirational energies in the service and love of people with special intellectual needs.

DEO GRATIAS!